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NEWS
WORTH
SHARING.**Fatal shooting
caught on tape?**

Police say there may be cellphone video of the incident near Whyte Avenue on Sunday that left one man dead

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**Dozens killed
as Taiwanese
plane crashes**

Stormy weather had caused many cancellations before the aircraft tried to land

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**He's got legs
and he knows
how to use them**

Eskimos QB Mike Reilly leads the team in rushing and is ranked sixth overall in the CFL

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**ALL FOR ONE-SIES,
ONE-SIES FOR ALL**

FANS OF FULL-BODY FASHION, REJOICE: THE JUMPSUIT IS BACK IN VOGUE. EXPERTS SHARE TIPS ON MAKING THE MOST OF THIS THROWBACK TREND

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**CUTE OVERLOAD**The Edmonton Valley Zoo unveiled eight new critters Wednesday — a family of new meerkats.
Read more on page 6. LEAH GERMAIN/METRO**Whyte Ave. food
truck idea put
on back burner****Postponed.** Officials denied Attila the HUNgry's plan to park a food truck until 3 a.m.STEPHANIE
DUBOIS

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Hungry Whyte Avenue patrons looking for grub at a late-night food truck will have to stomach a delay after the city denied the mobile eatery's plan to park on the busy street.

Safety concerns topped the list of reasons why Attila the HUNgry food truck can't set up shop on Whyte Avenue in front of Old Strathcona's Pourhouse Bier Bistro until 3 a.m., according to business owners.

“The person who is in charge of that section of the city ... said the food truck would block the view of what's going on in the bars and on the sidewalks. It's frustrating,” said Levi Bidlecombe, the food truck's owner.

The city's food truck plan allows the units on Whyte Avenue, but only until midnight. After that, the truck has to move.

“It defeats the purpose of a no-parking zone (on Whyte Avenue) and a place for taxis to get in, if we then allow other parking in that zone,” said Angela Turner, with Responsible Hospitality Edmonton, on the ruling.

An alternate location on 104 Street, just north of Whyte Avenue near Second Cup, was suggested by city officials.

“It (the original plan)

**Get your grub on
178**

According to Alberta Health Services, there are 178 mobile units, including street trucks and hot dog carts, in the Edmonton area.

would be a beneficial thing for the community in general, it's a no-brainer,” said Daniel Huber, with the Pourhouse Bier Bistro. “There's more food, more places for people to grab food when bars let out, less fighting. If they're going to say no, they're going to have to give a concrete decision.”

Further discussions are ongoing, with city officials requesting another permit application from the local food vendors.

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Crime severity index

City's crime stats stay the same: StatsCan report

Edmonton's crime rates are staying the same while other cities have dropped, but Edmonton police say that's a good thing considering the local population.

In a recent Statistics Canada report, the crime severity index (which measures volume and severity of crimes) shows that the national crime rate dropped by nine per cent in 2013 compared to 2012, but that Edmonton was the only city in Canada to have a steady crime index.

"I would like to see better numbers but in the context of our environment in Edmonton — which is unique in Canada — it's not a bad story," said Acting Chief Brian Simpson with EPS.

Although police review the figures from Stats Canada, Simpson said, the numbers have to be taken into context.

"Last year our call volume was up four per cent in 2013, we're up again this year and we see a high number of people moving into the community. Those numbers represent a piece of it, not the total information," he said.

Addressing growth demands and strains on the local police force remains an ongoing discussion between police and city officials that they hope will bring down the city's crime rates, Simpson said.

"Public safety is paramount for the police service, is paramount to the city and we're definitely working towards those goals," he added.

STEPHANIE DUBOIS/METRO

Beware biking, backpack-wearing robbers in 3 neighbourhoods: Police

A rash of thefts in the Montrose/Highlands/Bellevue areas have police warning residents to properly secure their private garages after 44 break and enters were reported over the last two months.

Items like tools, equipment and personal electronics are being stolen, accord-

ing to police, with larger, more expensive items not typically stolen.

"We've seen this before, and believe there may be several individuals involved, who may be travelling on bikes and wearing backpacks to carry the stolen property," said Northeast Division Const. Keith Pitzel, in a release.

"These are crimes of opportunity, and these thieves are looking for unlocked doors. Once inside your garage or house, they look for small valuables that can easily fit into their backpack, then they carry it off quickly with no one being the wiser."

The number of break-ins has jumped when compared to last year, with 26 reported break-ins over the same time period in 2013.

Police say thieves will often check residential or vehicle doors to find one that is unlocked to gain entry, and are attracted to areas where they find an abundance of unsecured property. METRO

Police seeking video of fatal weekend shooting

Alor Arop Deng.

Sudanese man killed in incident near Whyte Avenue



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Police believe there may be cellphone video of a shooting early Sunday morning that left one man dead.

Alor Arop Deng, 27, was killed on 81 Avenue near 104 Street just after 1 a.m. and the medical examiner has officially declared the death a homicide.

Police believe the incident may have been captured on video and they are appealing for someone to come forward.

They say those videos have a huge potential to help in the case.

"If what our initial witnesses have indicated is true,

we may have the entire incident captured on video and of course that is our hope," said Staff Sgt. Brad Goeson, with the homicide unit.

Goeson said they have reports from witnesses who saw people recording the shooting. He said police are monitoring sites like Facebook and YouTube to see if the video surfaces.

"In today's world the monitoring of social media is always a part of an investigation," he said.

With several bars in the area, Goeson said he believes there could also be more witnesses who they would like to have come forward.

"That time of day, as expected in that area, there are an awful lot of people," he said.

Deng was a member of the Sudanese community and Goeson said police had dealt with him in the past, but declined to say whether police believe the shooting was related to gangs or drugs.



The shooting took place on 81 Avenue near 104 Street at around 1 a.m. Sunday morning. METRO FILE

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Police credit bikes with building community ties

On a roll. Officers of Edmonton's downtown police division pay special visits to local groups

 STEPHANIE DUBOIS
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For Edmonton police officers on bicycles, it isn't about how fast you can respond to calls but how you can stop crime from happening at all.

Beat officers part of the downtown division often take part in group rides and, recently, they've found that by riding in numbers, citizens are more willing to report crimes.

"Basically, the bike program is meant for the beats program. Patrol members don't ride bikes for simple reason that we're not there to respond to emergency situations," said Sgt. Tony Parrotta.

"We're not geared to be there at a moment's notice," he added.

Patrolling city streets night and day, but also during special events, like most recently the K-Days parade, officers say it's important to work with the community.

That also translates into working relationships with different organizations in the downtown core, which has improved substantially over the last few years, officials say.

Christine Oldfield with



Officers on bikes patrol downtown streets during the K-Days parade held on Friday. STEPHANIE DUBOIS/METRO

the Boyle Street Community Services says the presence of officers in the centre has helped build the bridge between police and the centre's members.

"They have such a great relationship with most of our community members," she said. "They come in, shake their hands, call them by their first names. It's really changed the environment

around here."

The centre isn't the only group bike officers make a point of visiting. They also drop by a lot of the organizations in the shelter district and other parts of the core, depending on the officer's beat, said Parrotta.

Follow Stephanie Dubois on Twitter @MetroSteph



Bike cops

- There are 45 bikes in the downtown division for officers to use and patrol on.
- Officers receive their own bike gear to use when patrolling, which includes their bikes, as well as special uniforms to allow them to become more mobile.
- In the early years after Edmonton police started up in 1892, the two original officers had a bike and whistle at their disposal.

Riding courses

EPS training on bikes a 'gruelling' task

The training for Edmonton Police bike officers isn't as easy as just riding a bike, as police officers have to go through a "gruelling" four-day course on how to properly use their bikes, according to one officer.

Emergency braking, emergency manoeuvring and simulated scenarios are all part of the training local certified instructors teach. The specific course through EPS also teaches officers how to handle long-distance rides to help build their stamina when travelling around town.

"I know everybody rides bikes, but there's a lot this course offers that you wouldn't know unless you took a course like that," said Sgt. Tony Parrotta.

Officers, part of the beat program with EPS, receive the training for on-bike patrols since it often gives them a better sense to what's happening on city streets.

"It's higher visibility since it's slower. Community members or stakeholders of the community would have more opportunity to approach us," said Parrotta.

STEPHANIE DUBOIS/METRO



Officers get ready for a ride on July 10. STEPHANIE DUBOIS/METRO

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Crosswalk collision

Charges laid in deadly accident

Edmonton police have laid charges in a collision that claimed the life of a 73-year-old woman in late May.

The woman was hit while walking on a marked crosswalk on May 31.

Bradley Nordell, 42, has been charged with careless driving and failing to yield to a pedestrian in a marked crosswalk.

METRO

Blaze

Fire damage in condo estimated at \$10 million

The city's fire officials say damages from a west end condo complex fire have climbed to \$10 million after a cigarette was not put out properly.

Firefighters believe the blaze started after a cigarette was put in a potted plant on a fourth floor balcony, which then quickly



A fire broke out early Monday morning at a condo complex.

METRO FILE

spread to the vinyl siding on the building and eventually the roof.

METRO

New plans

Stantec set to consolidate

Stantec will be joining the City of Edmonton and the Edmonton Oilers as plans for the company to move into the new downtown arena district were announced Wednesday.

The engineering firm confirmed that they will be consolidating their staff from the five buildings in downtown into a new building.

METRO

High-speed chase

No criminal charges for cops after teen shot

No criminal charges will be laid against Edmonton police officers after a 17-year-old was shot in the neck during a high-speed chase last year.

According to Alberta Serious Incident Response Team, there will be no criminal charges laid.

METRO

Latest addition. Zoo gets 8 meerkats

Edmonton's Valley Zoo welcomed eight newcomers Wednesday, as a family of meerkats was unveiled as the newest addition to the facility.

Three females and five males are now front and centre in a former porcupine den just inside the front gates of the zoo.

Animal care team leader Wade Krasnow said the zoo had meerkats in the past, but wanted to add the animals because there are so few in the country.

"When I went looking for meerkats, there were none available in Canada," said Krasnow.

"We've had them before and they were always a really, really popular exhibit. This is something we've had in the back of our mind," he added.

While the species is originally from southern Africa, the group was born in the United Kingdom and purchased from a zoo in Prague, Czech Republic.

At \$1,500 per meerkat, Krasnow said the zoo had to apply for a special permit from the government to bring the animals to the zoo.

"These guys are not allowed in Canada," Krasnow said, explaining the meerkats are considered pests or invasive animals by the Canadian government.

LEAH GERMAIN/METRO



Alberta's health minister announced on Wednesday new funding for families and individuals dealing with eating disorders.

THE CANADIAN PRESS ARCHIVE



Meerkats are now at the zoo.

LEAH GERMAIN/METRO

New programs could be a 'godsend,' local woman says

Support groups. Funds announced to support people recovering from eating disorders

 LEAH GERMAIN
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For the last seven years, Maria has lived with an eating disorder. After dealing with anorexia and bulimia since she was a teen, the Edmonton woman sought treatment, but relapsed shortly after.

With new funding announced Wednesday, the province is hoping to help patients like Maria find the support they need once they leave treatment.

"I just think I didn't have enough support," said Maria, who asked her last name not be published.

about her experience once she left treatment. "I think it was more my fault because I didn't follow up with out-patient programs."

Health minister Fred Horne promised \$165,000 to support individuals and families dealing with the effects of an eating disorder.

"Albertans who are coping with eating disorders often rely on their loved ones for needed support, so we must ensure their families are also supported during long-term recovery," said Horne in a release.

The cash will be used by Eating Disorder Support Network of Alberta (EDSNA) to fund programming that focuses on maintenance after treatment.

"Our health care system is taxed to the max," said Moyra McAllister, founder and president of EDSNA.

Once a person is finished treated and discharged,

there still needs to be support to ensure they don't relapse, McAllister said.

"There's a long way from being better to being fully recovered," she said.

McAllister knows first hand what it's like to live with someone suffering from an eating disorder after her daughter was diagnosed.

A large chunk of funding will also go towards teaching families how to live with the effects of an eating disorder.

"Having an eating disorder in a family affects every aspect of family life," McAllister said.

For Maria, who is out of treatment but still living with symptoms of her eating disorder, the new funding for support groups sounds crucial to patient success.

"That would be a godsend," she said.

Library literacy van taking it to the streets



Edmonton Public Library CEO Linda Cook and community librarian Laura Young cut a cake in the image of the new literacy van at a launch event on Wednesday.

Calling it a "food truck for the brain" the Edmonton Public Library unveiled their first literacy van on Wednesday.

The library hopes to have four of the vans on the road by the end of next year, with the aim of bringing library services to an ever-expanding city, where population growth will outstrip new library construction.

"Our city is growing in all four quadrants and it's just going to be impossible to keep up," said Linda Cook,

Price tag

- The van cost \$250,000 to put on the road and library CEO Linda Cook said they are halfway through the fundraising for a second van, with more to come.

the library's CEO.

She said the vans along with small satellite locations are helping the library reach citizens until new

branches can open in underserved areas.

Community librarian Laura Young, who's driving the van to all corners of the city right now, said it's great bringing it into areas that don't have a branch nearby.

"It's really gratifying to bring library service to people when they are so happy to have it," she said.

The van currently visits several spots around the city on a weekly basis and Young said she could bring kids' books or other narrow slices

of the library's collection with her.

"We can bring out whatever part of the collection they want and check it out, so it's really responsive to whatever the needs are of the community."

RYAN TUMILY/METRO

On the web

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Deadly plane crash occurs during landing in Taiwan

Flight GE222. At least 47 people killed when airplane carrying 58 crashes during second landing attempt

A plane trying to land in stormy weather crashed in Taiwan Wednesday, killing at least 47.

The ATR-72, operated by Taiwan's TransAsia Airways, was carrying 58 passengers and crew when it crashed on the island of Penghu, authorities said. The plane was arriving from the city of Kaohsiung in southern Taiwan.

Two people aboard the plane were French citizens and the rest Taiwanese, Transport Minister Yeh Kuang-shih said.

The crash was Taiwan's first fatal air accident in 12 years and came after Typhoon Matmo passed, causing heavy rains that continued into

Rescue workers survey the wreckage of TransAsia Airways flight GE222, which crashed while attempting to land in stormy weather on the Taiwanese island of Penghu late Wednesday. WONG YAO-WEN/THE ASSOCIATED PRESS

Wednesday. Some 200 flights had been cancelled earlier that day.

The death toll was 47 on Wednesday, according to Wen Chia-hung, with the Penghu

disaster response centre. Eleven others were injured and authorities were seeking one person who might have been in a house struck by wreckage.

In a house struck by wreckage.
President Ma Ying-jeou

called it "a very sad day in the history of Taiwanese aviation," according to his office, the state Central News Agency reported.

THE ASSOCIATED PRESS

Flight 17 tragedy. Bodies of Malaysia Airlines victims arrive in the Netherlands

Two military transport planes carrying 40 coffins, bearing victims of the downed Malaysia Airlines Flight 17, landed Wednesday in the southern city of Eindhoven, Netherlands.

arrived in the country that bore the heaviest toll in a crash that 298 people.

Dutch officials said they have taken charge of the stalled investigation of the airline disaster and pleaded for uninhibited access to the wreckage.

THE ASSOCIATED PRESS



A coffin is carried during a ceremony marking the return of bodies of people killed in the downing of Malaysia Airlines Flight 17 at Eindhoven, Netherlands, Wednesday. Scan with your Metro News app for video. PHIL NIJHUIS/THE ASSOCIATED PRESS

AIDS group sues landlord for 'discrimination'

'HIV phobia' Landlord allegedly terminates contract on day not-for-profit picks up keys

 **LUCY SCHOLEY**
Metro in Ottawa

An Ottawa AIDS organization is suing a landlord and real estate agency over allegations of discrimination and "HIV phobia" after the building owner ended its lease.

The AIDS Committee of Ottawa signed a lease for the fourth floor of 240 Bank St. in May 2013 and was due to move in the following October. But on the day the not-for-profit organization went to pick up keys for the building, the landlord allegedly terminated the contract.

The ACO had planned to provide safe injection and safe inhalation supplies and install a shower, laundry facility and kitchen. But the landlord claimed those plans violated the lease.

According to court documents, the ACO is seeking \$35,000 in damages for discrimination on the basis of



The AIDS Committee of Ottawa is suing the landlord at 240 Bank St. in Ottawa over allegations of discrimination. LUCY SCHOLEY/METRO IN OTTAWA

disability. The plaintiff's statement of claim calls the lease termination move "high-handed, malicious, arbitrary and highly reprehensible."

It also alleges the landlord expressed concerns the ACO's participants would spread lice to other visitors in the building, pose security risks in the stairwells and "have to share the hallways" with other visitors. The allegations in the claim have not been proven in court.

"We felt that ... it was discriminatory and there was some HIV phobia involved in the stance that the landlords

took," said Khaled Salam, executive director of ACO.

The landlord — named as 240 Bank Street Holdings Limited — denies the accusations.

The ACO never dealt directly with the landlord prior to signing the lease. Real estate agency Cushman & Wakefield Ottawa acted as the dual agent, according to the landlord's defence claim.

The landlord also claims it was "misinformed" by Cushman & Wakefield and never knew of the ACO's plans to build a laundry room, kitchen and provide safe injection supplies.

Health Canada

Flu vaccine plant must address 10 issues: Report

A recent Health Canada inspection of the country's only flu vaccine production plant identified 10 issues that need to be addressed, a report from the regulatory agency reveals.

The summary report of the June inspection said none of the problems found pose a critical risk to public health, but seven fall into the major observation category, meaning they are signs production is not consistently hitting required standards.

The regulatory agency posted the summary report from the inspection of the GSK-owned plant on its website Tuesday evening after the end of the business day.

The production facility at Ste. Foy, Que., was issued a warning letter last month by the U.S. Food and Drug Administration, which raised concerns about bacterial contamination problems in the plant.

THE CANADIAN PRESS



Footprints show Tyrannosaurs may have travelled in packs

Well-preserved fossil footprints, shown in a handout photo provided by the Peace Region Palaeontology Research Centre, were found in northeastern B.C. The prints offer the first trackway evidence that Tyrannosaurs may have travelled in packs. The dinosaur footprints preserved in the rock near Tumbler Ridge provide a glimpse at the beasts that roamed the region 70 million years ago. PEACE REGION PALAEONTOLOGY RESEARCH CENTRE/THE CANADIAN PRESS

Record-attempt flight. U.S. teen killed in crash

A U.S. teenager who was attempting to set a record for an around-the-world flight has died in a crash over the Pacific Ocean, a family spokeswoman said Wednesday.

THE CANADIAN PRESS

Haris Suleman, were on board. Hayat said the body of Haris Suleman had been recovered, but crews were still looking for his father.

Federal Aviation Administration spokesman Ian Gregor said the single-engine Hawker Beechcraft plane crashed into the ocean Tuesday night under unknown circumstances.

THE CANADIAN PRESS



In this June 19 photo, Babar Suleman and son Haris Suleman, 17, stand next to their plane at an airport in Greenwood, Ind., before taking off for an around-the-world flight. THE CANADIAN PRESS

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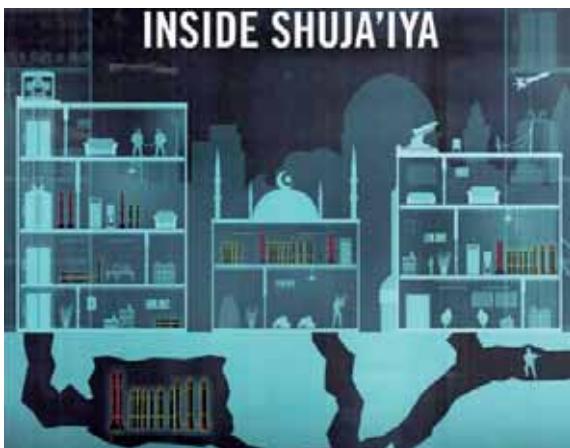
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Duffy trial

Harper unlikely to testify: PMO

The opposition says it is startled by the insistence by the Prime Minister's Office that there's little chance Stephen Harper will have to testify at Sen. Mike Duffy's criminal trial.

"In my view, it's a matter for the courts to determine whether or not Mr. Harper should testify." Liberal MP Geoff Regan told an Ottawa news conference. THE CANADIAN PRESS



This graphic posted on the Israeli Defence Forces website, dated July 20, shows an artist's rendition of the Shijaiyah neighbourhood in Gaza in an attempt to support Israeli government claims that Hamas is using hospitals, mosques and residences to hide, store and fire rockets. **IDF WEBSITE/THE ASSOCIATED PRESS**

Adversaries compete in messages

'Battle in the modern age.' Technology, social media exponentially increase propaganda from Israel, Hamas

Beyond the boom of Israeli airstrikes and the stream of rockets fired from Gaza, Israel and Hamas are also battling to control the message emanating from this latest Israeli-Palestinian conflagration.

Using videos, Twitter, text messages, leaflets and phone calls, both sides have attempted to direct the tone of the fighting — for their own public, their opponent's population and for a global audience. Propaganda is nothing new in battle, but technology and social media have exponentially increased the ability of each side to penetrate their intended audiences.

Israel has tried to make its case that it is defending its citizens from unprovoked attacks but taking steps to avoid killing civilians on the other side. Hamas has appealed to the

world by pointing to the high civilian death toll from Israel's onslaught on Gaza. Israel and Hamas are each addressing the other's populations as well.

Israel has pushed the message to Palestinians in Gaza that the territory's Hamas rulers are to blame for the bloodshed. In phone calls that the military makes to Gazans to tell them to evacuate their homes before a strike, the recorded script in Arabic also tells them that Hamas is using them as human shields.

Hamas, in turn, has sent text messages directly to Israelis, warning them that the group will continue firing rockets at them until its demands — like the end of the long-stifling blockade of the tiny Gaza Strip — are met.

"This is a war over public opinion," said Yuval Dror, an expert in digital communications. "It's an inseparable part of battle in the modern age."

By mid-day Wednesday, at least 657 Palestinians and 31 Israelis were reported to have been killed in the fighting.

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Philippines

Militants release captives after pressure from poor town

Suspected Abu Sayyaf militants have freed three abducted aid workers in the southern Philippines, after the government withheld anti-poverty funds, prompting an impoverished town to pressure the rebels to release

the captives, officials said.

Social Welfare Secretary Coronel Soliman said the three aid workers and a companion were kidnapped Thursday in remote Talipao town in Sulu province where they were checking on families who received aid and working on another anti-poverty project. Due to the kidnappings, the government withheld the cash grants to thousands of poor families to ensure the safety of aid workers. **THE ASSOCIATED PRESS**

Syria

B.C. man faces terror charge, accused of joining Islamist fighters

A British Columbia man has been charged under a new anti-terrorism law, for allegedly leaving the country to join Islamist fighters in Syria.

It's the first time the recent Criminal Code legis-

lation has been used as a tool to fight terrorism, said Cpl. David Falls.

Police say 25-year-old Hasibullah Yusufzai is accused of committing an offence for the benefit of a terrorist group or was directed by or associated with such a group.

"The individual is known to have travelled to Syria to join Islamist fighters," the RCMP said in a statement.

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Met Council. Ex-CEO gets prison time for his role in stealing \$9M from charity

The politically connected former CEO of a prominent New York City charity was sentenced to prison Wednesday for helping to steal more than \$9 million US from the anti-poverty organization.

William Rapfogel, who once headed the Metropolitan Council on Jewish Poverty, will serve a term of 40 months to 10 years. His wife and other supporters looked on as he was led out of court, uncuffed, to start serving his term.

He pleaded guilty in April to grand larceny, money laundering and other charges in a case that rattled city and state political circles.

He has also paid \$3 million in restitution.

Rapfogel became the execu-

tive director of the Met Council, as it is known, in 1992. He soon joined several conspirators in conniving to overcharge the charity for insurance so they could pocket the difference, state prosecutors said.

"Over a 20-year period of time, he conspired with others to steal over \$9 million, and personally stole over \$1 million, from the people who needed it most, to benefit himself and his lifestyle," Assistant Attorney General Gary Fishman said at the sentencing.

He used \$27,000 of that money to pay a contractor working on his home, and he had more than \$400,000 in cash hidden in his home when investigators searched it in 2013, authorities said. **THE ASSOCIATED PRESS**

Gender gap. Female small business owners get fewer loans than male peers

Women who own small business are still far behind their male counterparts when it comes to getting loans and government contracts, a U.S. congressional report said Wednesday.

The report by Democratic staffers of the Senate Small Business and Entrepreneurship Committee found that while businesses owned by women account for 30 per cent of small companies, they receive only 4.4 per cent of the total dollars in conventional small-business loans. That amounts to \$1 for every \$23 loaned.

In terms of numbers of loans, businesses owned by women receive only 16 per cent of all conventional small-business loans, and 17 per cent of loans backed by the Small Business Administration. Their loan applications are more likely to be rejected than those from businesses owned by men, and the loans they get are likely to have

more stringent terms. Women also receive only seven per cent of venture-capital funding.

"The numbers are jarring, for sure, and we need to own up to the fact that we want to see more women entrepreneurs, and to make sure they're getting access to capital," Committee Chair Maria Cantwell, D-Wash., told The Associated Press.

Women are also falling short in receiving government contracts. Although Congress in 1994 set a government-wide goal of awarding five per cent of federal contract dollars to small businesses owned by women, it hasn't met that goal. The closest it has come is four per cent, in the fiscal year that ended Sept. 30, 2012, the report said. Failing to meet the goal costs women-owned businesses nearly \$5.7 billion in government contracts each year, it said.

THE ASSOCIATED PRESS

Huski Food Co.

China detains five staffers of suspect meat seller

Five employees of a company accused of selling expired beef and chicken to McDonald's, KFC and other restaurants in China were detained by police Wednesday after an official said illegal activity was an organized effort by the supplier.

China's food safety agency said on its website that its investigators found unspecified illegal activity by Huski Food Co., but gave no confirmation expired meat had been found or other details.

THE ASSOCIATED PRESS

Online ticket reseller

More than 1,000 StubHub customer accounts hacked

Cyber-thieves got into more than 1,000 StubHub customers' accounts and fraudulently bought tickets for events through the online ticket reseller, a law enforcement official and the company said.

Arrests were expected Wednesday in a case that sprawled across international borders, said the official, who wasn't authorized to discuss it ahead of arrests being announced.

THE ASSOCIATED PRESS

Market Minute

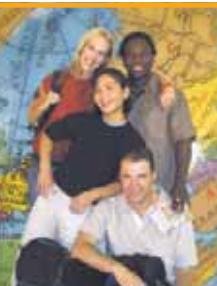
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93.21¢ (+0.07¢)

TSX
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OIL
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More tips from Kayak

- Flying on Saturdays or Sundays can be 15 per cent more expensive.
- January is, on average, the cheapest month to fly with fares that can be almost 20 per cent less expensive.
- If travelling in the summer, June and July usually have better deals available than in August.
- For European travel, look to book a flight between eight to 10 weeks in advance for best pricing. For travel to Asia, booking nine to 10 months out offers the best chance of a good deal.

est if departing on a Tuesday and returning on a Friday. Flights leaving on a Thursday and returning on a Sunday tended to be most expensive.

International flights taking off from Canada were typically best priced on Thursdays with a return flight on a Monday. Departing on a Monday and returning on a Friday resulted in the most expensive tickets.

"These trends we're seeing in Canada are not that different from the trends we're seeing in other countries," said Debby Soo, a vice-president with Kayak, which handles 100 million searches a month.

"Often times you hear that flights departing on Tuesdays are the cheapest and I've seen that trend in the U.S. and in some markets in Europe."

THE CANADIAN PRESS



Was Dumb Starbucks a smart parody?

Canadian comedian Nathan Fielder stands outside parody store Dumb Starbucks in Los Angeles in February. Fielder, who came up with the fake-store concept (it was shut down for not having proper permits), will discuss its origins and aftermath on the July 29 episode of Comedy Central's *Nathan for You*. So far, Fielder, Comedy Central and parent company Viacom have escaped legal action. Fielder said the shop was a parody about the power of corporate branding that exceeded his expectations and ended up provoking discussion about how people consume art. **THE ASSOCIATED PRESS FILE**

CAN SOMEONE MAKE BAD ART OUT OF THIS?

Meeting the parents is an important milestone in any relationship, like the first time you pee with the bathroom door open or throw a shoe in anger.

The first meeting can be nerve-racking. Recently my newish girlfriend and I flew to my hometown of Saint John and made the typical hair-raising landing into a fog bank. ("We're beginning our final descent into Saint John, ladies and gentleman. If anyone sees the runway, please let us know.") Devon was gripping her armrest but it was the family, not the fog, that had her feeling tense.

I wasn't worried. Devon's a lovely woman who was meeting my friendly family, and she had even bought a little gift for my mother. But in her racing mind the rendezvous had the potential to unfold like the first meeting between, say, Brad Pitt and Kevin Spacey in *Seven*. ("WHAT'S IN THE GIFTBOX?")

Of course it went fine. Within a few hours my girlfriend and my family were criticizing my lightning phobia and mocking my singing voice as if they had known each other for years. I'm glad I



HE SAYS
John Mazerolle
metronews.ca

could bring them together.

My parents are an easy test, but there's no guarantee it will be the same for you the first time you meet your partner's parents — until now. Here are my tips on how to make that first meeting go smoothly.

Meet the Parents, or Parental Guidance Suggested:

Come prepared. Practise with your partner for that first dinner by sitting at a long, imposing table under a chandelier and eating in stony silence.

Showing up three hours early will show that you take the meeting seriously.

*As they speak, **stare non-stop**, correcting their grammar whenever possible.

*If the father asks what your intentions are toward his daughter, **making the "squeaky bedsprings" noise** should make things pretty clear.

***Do your research.** Find out what you have in common with your new "Mom" and "Dad," be it a favourite muppet or a drinking problem.

***Act natural.** A straightforward, "Greetings, I am a law-abiding citizen of sound character who will pretend to take interest in your needlework and vacation photos" will help put them at ease.

***If things aren't going well**, don't be afraid to burst from the dinner table, out the front door and down the street, never to return again.

I hope to have these tips optioned by a major Hollywood studio, where they will be made into a mediocre trilogy of increasingly declining quality. I wonder if De Niro's free.

FINAL VOYAGE



People watch as the wrecked cruise ship Costa Concordia is towed by tugs after being refloated Wednesday in Italy. For more images of the Concordia, including a 2012 image of the ship capsized, scan this image with your Metro News app. ALL IMAGES EXCEPT LAST IN GALLERY LAURA LEZZA/GETTY IMAGES; LAST IMAGE THE CANADIAN PRESS FILE

Costa Concordia on its way to become scrap metal

The Costa Concordia cruise liner began its final voyage Wednesday, slowly being towed away from the tiny Italian island where it capsized more than two years ago, killing 32 people.

Boat sirens wailed and bells tolled on the island just before two tugboats pulled the Concordia away from Giglio's port, where the luxury liner ended up on its side in pristine Mediterranean waters, after being gashed by a reef it struck.

when its captain steered too close to the island. The tugs are bringing the crippled ship on a four-day journey to the northwestern port of Genoa, which is home to the ship's owner, Costa Crociere SpA. The vessel will be scrapped there.

Accompanying the tugs and Concordia are several boats to monitor any pollution in the waters, which are home to dolphins. Nets have been attached to sides of the liner in case any remnants of the Concordia's last passenger cruise — dishware, pots and pans, bed linen, chairs and other furnishings — tumble out of the ship during towing.

A daring engineering

operation set the Concordia upright last September. Then, over the past few months, custom-built tanks, now filled with air to serve as kind of water wings to facilitate floating, were attached to the liner's flanks.

The salvage master of the entire operation, Nick Sloane, said he felt a bit nervous before boarding a special command centre attached to the top of the Concordia to monitor the final voyage. An Italian naval admiral was also aboard.

Flying from the Concordia was the Italian flag, since regulations require the banner to be visible on the Italian-registered ship until scrapping.

THE ASSOCIATED PRESS

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 7 in News, page 13 in Scene and page 22 in Sports.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
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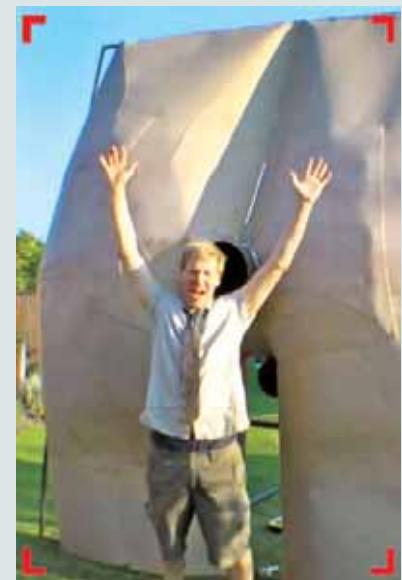
Your move, France



ANDREW FIFIELD
andrew.fifield@metronews.ca

Like most inventors worth their salt, British tinkerer Colin Furze has been called eccentric. And not without reason. Vacuum shoes, gadget crutches and wrist-mounted flamethrowers make up just a sample of his madcap machinations.

But this ... this takes the cake. In a nod to his country's centuries-old rivalry with France, Furze has created what's lovingly labelled as an enormous "fart machine," and he plans to drag it up the white cliffs of Dover tonight in hopes of creating international diplomacy's loudest raspberry. Colin Furze is the best. (colinfurze/YouTube)



SCREENGRAB

Are two artists better than one? Incubator series says maybe so

Co-creativity. Latitude 53's Incubator series challenges two talented strangers to meet and make some art



JENNIFER LARAWAY
Jennifer Laraway
edmonton@metronews.ca

Latitude 53 is shaking up Edmonton's art scene this summer with an unconventional series called Incubator. The show marks the gallery's 40th anniversary.

To celebrate their history while embracing the evolution of contemporary art, staff has organized the pairing of established and emerging artists to create five two-week projects.

The added bonus: the showcases include a weekly patio party.

On now until Aug. 2, the series features up-and-coming artist Hailley Honcharik and veteran artist Robert Iveson, who also happens to be the proud papa to Mayor Don Iveson.

Prior to being teamed up for the Incubator series, the two didn't know each other but quickly found common ground.

In addition to both being graduates of the University of Manitoba's art and design programs, Iveson explains.

"Throwing two people together to fabricate something out of nowhere is a provocative and interesting

INCUBATOR

eleanor lazare & zachary ayotte

► robyn stuart & matt whitson ◀
hailley honcharik & bob iveson

chris camp & royden mills

jesse sherburne & erin elizabeth

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AUGMENTED REALITY

Scan this photo with your Metro News app to see a video of Imelda May's song Wild Woman!



See the full instructions on Metro's Voicespage.

Fawning over the '50s

Rockabilly rebels not only love the music, but the culture and 1950s style as well: "I love the excitement and the clothes," says May. "I love the statement."

"If you listen to Johnny Burnett and Wanda Jackson, they broke all the rules."

"The rockabilly scene is growing around the world. I've never met a rockabilly fan who wasn't totally passionate about the lifestyle, too."



Imelda May's *Tribal* debuted at No. 2 in Ireland and No. 3 in the U.K., but the album isn't coming to North America until September this year. GETTY IMAGES

All you need to know for Comic-Con

Sneak peek. The premiere party for geek culture kicks off today in California

Now a decades-old tradition, Comic-Con San Diego is the world's premiere celebration of geek culture. This year it takes place from July 24 to 27.

Created in 1970 and originally dedicated to comic books, Comic-Con has expanded its purview to include movies, TV shows, mangas and video games.

The event has become popular, attracting more than 130,000 visitors per year and featuring an array of guest authors, directors, illustrators and actors.

For these artists and other content creators, the event offers a chance to reveal details on upcoming projects through panel discussions, or to promote their latest products by unveiling exclusive trailers or pilots.



The pilot for *The Flash*, the premiering this fall on the CW, will be screened at Comic-Con. AFP

man prequel *Gotham*, NBC's *Constantine* on the demon hunter and magician of the Hellblazer comics, and the CW's *Flash*.

Also showcased will be the CW's *Arrow*, which enters its third season this fall.

And of course, DC Comics will claim the spotlight with its celebration of a major Batman anniversary: the Dark Knight turned 75 on Wednesday.

But DC Comics' archrival Marvel also has plenty in store this year. The publisher is celebrating the 50th anniversary of *Daredevil*, which inspired a new Netflix series slated to premiere in 2015.

As usual, fans will flock to Marvel's panels, including sessions on the *Avengers* with authors Axel Alonso, Rick Remender and Jason Aaron.

Marvel is also promising new revelations on one of its most anticipated new ventures, which will involve an alliance between the *Avengers* and the *X-Men*.

Pilots or trailers are slated to be revealed for FOX's *Bat-*

AFP

Imelda May isn't ready to settle down

Rockabilly rebel.

Singer loves wandering in life and in her musical endeavours

LINDA LABAN

Metro World News in Boston

Imelda May is one of the biggest stars in Ireland right now and it's thanks to the likes of Johnny Burnett and Wanda Jackson, original American rockabilly rebels who inspired the Dubliner's career. However, as May's upcoming fall release *Tribal* proves, her musical wanderlust includes more than rockabilly, and encompasses blues and jazz, too.

"I love the rockabilly world. It's the original punk

rock," says May.

"But it's not natural for me to put myself in one area. There's loads of other music I don't want to ignore."

Tribal debuted at No. 1 in Ireland and No. 3 in the U.K., but the record isn't released in the U.S. until September.

May and her band, which includes her guitarist husband Darrel Higham, added American dates to their summer touring agenda and will follow with more in the fall.

Metro caught up with May during the European jaunt as the band's tour bus wound its way through the Pyrenees.

"We're about four hours drive in from Barcelona and just about at the border of France," says May, glancing out of the bus window. "There's snow on the mountains and it's so beautiful."

Call that a perk of the

rock 'n' roll lifestyle, which May says is all she's ever known: "I started in pubs and clubs when I was 16 and I turned 40 yesterday," she says.

"So, I've been gigging for 24 years non-stop. It's fun; I don't know what else I'd do."

Another perk is meeting musical heroes: Imelda May has shared stages with Chuck Berry, Pink Floyd's David Gilmour, Shane MacGowan, Van Morrison, Jeff Beck, Jamie Cullum, and one special star: Wanda Jackson, the original rockabilly queen.

"I get to meet great people and create great stories along the way. I'm a big believer in working hard, manners, talent, and a little bit of luck," May says.

"I'm very lucky in the people I work with and the people I get to meet."



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Naya Rivera ALL PHOTOS: GETTY IMAGES

Naya Rivera full of Glee as she weds in Cabo San Lucas

Here's one way to kill time while your TV series is on a break from filming: Glee star Naya Rivera married boyfriend Ryan Dorsey in a small, surprise ceremony earlier this week in Cabo San Lucas, Mexico, according to People magazine. "We feel truly blessed to be joined as husband and wife," the newlyweds tell

the magazine. "Our special day was fated and everything we could have ever asked for." Apparently that includes Instagram misdirection, as Rivera spent much of her wedding day posting paparazzi photos of her and Dorsey horsing around on the beach but failed to mention anything important happening that day.



Peaches Geldof

Coroner rules Geldof died of heroin overdose

Peaches Geldof's death in April has officially been blamed on a heroin overdose. British coroner authorities declared earlier this week. Geldof's husband, musician Thomas Cohen, has previously stated that the model and TV personality had been tak-

ing methadone since 2011 to combat her heroin addiction but had relapsed two months prior to her death. The authorities also reported that a "fatal range" of heroin was found in Geldof's system, along with traces of codeine, methadone and morphine.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Now that Eva's pregnant, will Ryan be building her a house?



NED
EHRBAR

Metro World News in Hollywood

It looks like fans weren't the only ones surprised by news that Eva Mendes and Ryan Gosling are expecting a baby.

"It was completely unplanned," a source tells Radar Online of the pregnancy.

"Ryan was surprised, especially because they had broken up early last year, only to get back together."

That's a fine how-do-you-do. Gosling's apparently totally on board with the idea now that he's gotten over the shock of impending fatherhood, and there seems to just be one more issue for the couple to tackle: Where to put the crib.

"(Ryan's) house is quite small, and only has two bedrooms," the source explains. "Eva has been looking for a bigger house to live in with Ryan once the baby is born."

Boy, I hope these two scrappy kids can get a mortgage.



Twitter



@KellyOsbourne

Everyone should have a #PartyTrick! Mine is that I'm double jointed everywhere!



@oliviawilde

Can someone please write a romantic comedy set in the real estate world called "Looking Foreclosure"? I've been waiting long enough.



@DitaVonTeese

When will someone make a bullwhip emoticon?



Simon Cowell

Simon Cowell is not gay, OK?

Simon Cowell would like to take this opportunity to reiterate the world that he is not, in fact, a homosexual. The talent show guru's name came up unexpectedly in court in the U.K. last week when a recorded conversation found Cowell's ex-manager, Gareth Varey, and a man identified as Mazher Mahmood discussing whether Cowell is gay, which Varey claims to be the case. "I know people who have" is the evidence he gives on the recording. Well, Cowell's rep is more than eager to point out that this is all patently untrue

and Cowell is definitely not gay, even making sure to toss in the mandatory "not that there's anything wrong with that" clause. "In 2014, the question of whether someone is or is not gay is antiquated. As it happens he isn't, though if he were, he would simply have said so," Cowell's attorney says. "However, the issue was the false suggestion made by Mr. Varey that Simon — who is renowned for his honesty and candidness — had thus not been truthful in the public arena and this is what we have been obliged to clarify."

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SHOPPERS
DRUG MART

Go ahead and jump: The sleek suit is seeing its day once again

Full-body fashion. It was a staple of '70s and '80s fashion, but the recent revival of the jumpsuit has cemented the stylish staying power of the all-in-one look

"I've never worn them before and now I'm totally sold," said Canadian Living fashion and beauty director Julia McEwen, who has recently added four jumpsuits to her wardrobe.

"It's like a dress in the same way that it's one-piece dressing. If you want to style it and add elements, go for it. But you don't have to. It looks fabulous just the way it is."

Pop star Rihanna, model Chrissy Teigen and actress Jennifer Garner are among the notable names who've recently stepped out in one-piece getups.

"They look chic, and when done right, (it) doesn't look out of place, but rather stands out among cocktail dresses," noted Sharon Ng Hayes of The Backseat Stylers, a Toronto-based fashion and style blog.

H&M Jumpsuit,
\$49.95
HM.COM/CA/



GUESS Halter
Denim Jumpsuit,
\$148, GUESS.CA

Of clothes and curves

"A jumpsuit 99 per cent of the time will highlight the waist — like a belt at the waist — which is something that's super-flattering on all body types."

Alison Michelle
Founder and lead stylist at King & Fox

Ready to master the one-piece? Some expert style tips.

Ensure you have the proper fit

Alison Michelle, founder and lead stylist at King & Fox, a Toronto-based styling firm, said while the jumpsuit may be intimidating, she believes it's "one of the most flattering pieces you can own."

"A jumpsuit 99 per cent of the time will highlight the waist — like a belt at the waist — which is something that's super-flattering on all body types,"

whether you want to create curves or hide certain body parts."

Michelle said a good starter jumpsuit is a halter or tank top style that's fitted at the waist with a slightly wider leg in a solid dark colour.

"It's the flexibility of it — the same as a little black dress."

Regardless of your height, Michelle said pant length is key.

"There's nothing for me that I find more unflattering than seeing someone in a full-length jumpsuit — especially in a wider leg — that's not hitting the



Model Chrissy Teigen arrives at the ESPY Awards at the Nokia Theatre last week in a sexy full-piece jumpsuit. JORDAN STRAUSS / THE CANADIAN PRESS

Do hue

Select a colour and pattern close to your comfort zone

- Michelle acknowledged that the jumpsuit is "a lot of look" and that some are reticent to wear a very loud print or bold hue.
- "If you're going to go with a pattern (go with one that is) maybe more subdued, or kind of a paisley, or do it in navy or creams instead of the bright colours."
- If wearing all one colour is too much, consider adding a piece to break up the ensemble like teaming it with a sleeveless blazer or vest, McEwen suggested.

down with," she added with a laugh.

Ng Hayes has been hooked on jumpsuits since buying her first one last year — a black lace sleeveless design. With her newfound style obsession, she's come to accept the added challenge that can come with wearing a one-piece.

"Every time I wear a jumpsuit, I joke about the difficulties of using the restroom, but I find them just so much fun to wear that I think it's worth the complication."

McEwen said selecting a model that isn't too fitted is key. "If it is more fitted, you want to make sure you have more of a structured material because I find that it can cling in weird areas."

"I don't know. I mean, that's just something you have to get

THE CANADIAN PRESS



Canadian street style

Spotted in Toronto

Name: Joey

Age: 23

Occupation: Fundraiser

What she's wearing:
Nike runners, Zara pants, Aritzia shirt, Zara jacket, Kate Spade purse.

Her inspiration:

"My mom and my best friend. My mom owns a fashion company and my best friend is a fashion designer."

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Hairy legs are trendy now thanks to a Tumblr blog called Very Hairy Legs — but would you ever join the pro-body hair movement? Go online to Trends Report and see my list of pros and cons if you do decide to let your leg hairs go wild.



- Online. Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Photo via Getty Images

3
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PLUS
HOMES

Back-to-campus chic on the cheap

School days. How to furnish a room that's big on style even on the tiniest of budgets

Question: I am 26 and going back to university. I will be renting an unfurnished room and am looking to outfit it with a lot of style but without a lot of money. Any suggestions?

— Allison M., via email



DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

Start with planning out the room's large furniture pieces.

A captain-style bed frame (with drawers underneath), a vintage desk with storage and a bookcase are a good start. I suggest looking online at local classified sites (like Kijiji.ca and Craigslist) for local sellers who are close to the area you are moving to.

Purchasing used furniture pieces can not only save you money, but is very good for the environment and you tend to get better quality furnishings. If the seller is close to the area you are moving to, ask them to deliver your furniture pieces directly to your new place.

Once you have found the large furnishings, you can move onto the fun part of accessorizing your room with practical, yet attractive, things.

Look at off-price members' clubs for great deals on a new mattress, DIY home stores for the best deals on countertop appliances and desk lamps, and big-box stores for items such as bedding and towels.



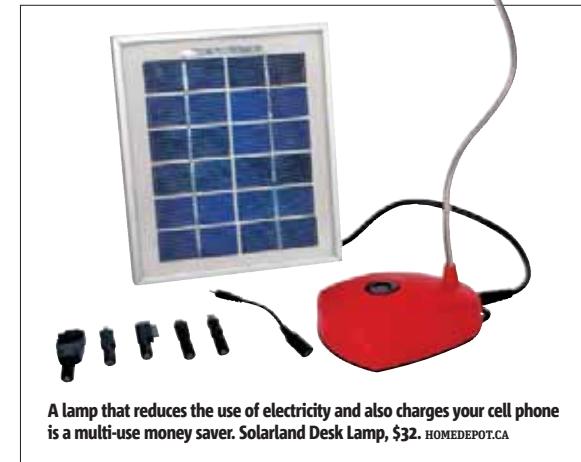
Look online for quality used items like chairs, bed bases and rugs for sale. You'll save money and the environment. CONTRIBUTED



Bedding, towels and a mattress topper are co-ordinated in one easy set. Reagan Fuschia Twin 11-Piece Varsity Campus Collection, \$130. BEDBATHANDBEYOND.CA



A multi-purpose counter appliance can heat water for coffee, tea or soup. Salton Instant Hot Water Dispenser, \$60. WALMART.CA



A lamp that reduces the use of electricity and also charges your cell phone is a multi-use money saver. Solarland Desk Lamp, \$32. HOMEDEPOT.CA

Co-ordinate with style

- **DO** choose one of the top three colours in your bedding and take inspiration from there. Towels, laundry bags and drapes that have colours co-ordinating with the bedding help to tie the space together.
- **DON'T** paint walls a trendy colour. Most landlords will insist the room be painted back to its original beige before you leave. Use large bulletin boards to hang colourful art work to help hide boring walls.
- **DO** look for LED up-lights that can wash the walls with some colourful lighting — it's an instant mood-setter for your room at night!
- **DO** buy furnishings that are proportionate to the room's size.

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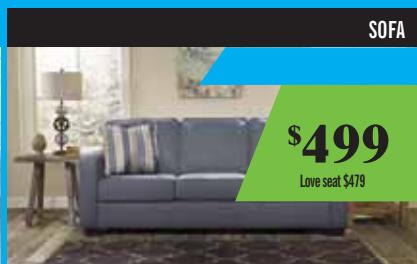
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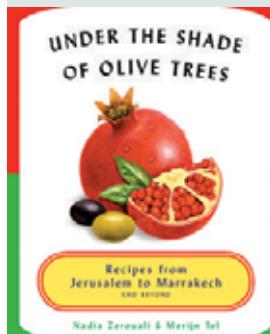
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Cookbook of the Week

Transport yourself to a delicious region



Dutch writers and cooks Nadia Zerouali and Merijn Tol travelled across Morocco, Tunisia, Syria, Lebanon, and other Middle Eastern lands to document the varied cuisine of the region in their book *Under the Shade of Olive Trees*.

Readers are taught about ingredients through more than 100 recipes that come to life by way of luscious imagery.

Among recipes are Potato Kofte, Lamb Tajine, Tahini-Halva Ice Cream, and more. **METRO**

Find Eid inspiration in comforting dish

Moghreb & Fish Cakes with Preserved Lemons and Harissa

The Muslim holy month of Ramadan ends next week and while the religion is practised all over the world, its origins, like this dish, lie in the desert lands of the Middle East

"Moghreb comes from the word 'Maghreb,'" write Nadia Zerouali and Merijn Tol in their book *Under the Shade of Olive Trees*. "This Middle Eastern answer to couscous is basically a ball-shaped pasta, and here we've made a type of risotto with it. The moghrabieh is cooked in a delicious sauce that we seasoned with cinnamon and allspice, typical Middle Eastern seasonings."

1. Bring a large pot of water to boil. Using a sharp knife, slice a shallow X into the bottom of each of the tomatoes and submerge them in the boiling

Ingredients

- 5 small vine-ripened tomatoes
- 2 small sweet onions
- Mild olive oil
- 1 tbsp cinnamon
- 1/2 tbsp allspice
- 1 3/4 cups (350 g) moghrabieh (Lebanese couscous) or Turkish barley pasta
- 1/2 preserved lemon (find them at Middle Eastern grocery stores)
- 14 oz (400 g) halibut, striped bass, or other firm white fish
- 1 bunch flat-leaf parsley, chopped
- 1 clove garlic, chopped
- 2 tbsp harissa (a spice sold in tubes or cans at Middle Eastern grocery stores)

water for about 1 minute. Peel the skin off the tomatoes and dice them.

2. Mince the onions. In a large frying pan, heat a generous amount of olive oil over medium heat and sauté the onions with the cinnamon and allspice for about 10 minutes, stirring frequently and lowering the heat to keep them from

burning.

3. Add the tomatoes and mix in the moghrabieh as well. Add 4 1/2 cups (1 l) water and about 1/2 teaspoon salt. Cook the pasta over low heat for about 30 minutes, stirring frequently toward the end, until it is thick and creamy like risotto. (Add some water if the pasta is cooking dry.) Season with salt if needed.

4. Remove the pulp from the preserved lemon and slice the peel into thin strips. In a food processor, purée the fish with the preserved lemon, parsley, garlic, and harissa. Season with a pinch of salt. Shape the fish mixture into small, flat cakes (this is best done with wet hands).

5. Heat some oil in a skillet (nonstick works best for these delicate patties) and fry the fish cakes until golden brown on both sides and cooked through, about 3 minutes per side. Serve over the moghrabieh.

RECIPE BY NADIA ZEROUALI AND MERIJN TOL, STEWART, TABORI & CHANGE, 2014



This recipe serves four to six. ROSA VITALIE, 2014

How to make a rental place your own

Savvy tenant decor.

Invest in items that can be easily installed and removed to personalize rental digs

Tenants face the challenge of how to make someone else's house their home within a limited budget and restrictions from landlords, but there are many ways they can introduce a personal touch to a rented space.

Renting as lifestyle choice
Rental properties seem like temporary housing, but according to interior designer Jenny Martin, a lot of people make renting their lifestyle choice and do it long term.

Invest in strategic pieces
"When a tenant moves into a place it can be hard to really make it their own without investing a bunch of money into something you'll be leaving behind," she says.

According to the Victoria-based Martin, renters should consider investing in strategic pieces that can be installed and removed easily



Lighting can add drama and personality to any space. Fixtures are not permanent additions to a rental space, making them ideal for tenants looking to make changes to their new home. JENNY MARTIN DESIGN/HANDOUT/THE ASSOCIATED PRESS

when they move out.

Switch up lighting fixtures

"People can purchase a feature dining room pendant to be installed by an electrician. The existing one is

boxed up and the two are switched out when they leave," she says. "You may not want to do things like that if you were renting for a year. It would be better for a more long-term situation."

Make temporary modifications

Building managers and landlords may have strict rules around what changes can be made to a rental space, but Martin says there are ways

Don't hesitate to ask

"Tenants just don't ask their landlords what they are open to."

Chantelle Butterfield, interior decorator

tenants can add big impact to a space without making permanent modifications.

Can't paint? Pops of colour are still possible

If there are limitations on painting, the easiest way is to add a pop of colour through furniture, art and draperies.

Lean on architectural elements

"Spending more time on how your furniture relates to the space is important because you can integrate colours with pieces of furniture or toss pillows," Martin says. "A tenant could get a custom or antique mantel to lean against the wall to add some architectural elements without having to be installed."

Add value to the property

Even though landlords can have concerns about their

renters making changes to their property, interior decorator Chantelle Butterfield says many are looking to add value to their home.

"Tenants just don't ask their landlords what they are open to," says Butterfield, owner of Functional Spaces in Saskatoon.

Update kitchen cabinets

Butterfield says an easy way a tenant can both make a dramatic change to their rental space and add value to their landlord's property is by updating the kitchen with painted and refinished cabinet doors plus hardware.

"It's all a matter of budget, and what you have permission to do," says Butterfield. "Painting and refinishing the cabinets can add value to the home, but a tenant could remove the doors and replace them, and store away the old ones and take the new ones when they left."

Use your imagination

While it may seem tenants face restrictions, Butterfield says they are only limited by imagination and budget.

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Thomsen Built was started 14 years ago on the principle of "affordable luxury" where the customer comes first. That principle has proved to be key since then.

With homes built throughout Edmonton and the surrounding area, Thomsen Built closely consults with clients about the sort of home for which they are looking.

"It's all very client catered," says Brianna Bellerive Kurka, Thomsen Built's general manager. "We try to find out what (customers) need and if it's a good fit."

Thomsen Built works every step of the way with homebuyers, from assisting clients choose house features they want, or helping clients sell their existing home. Everything can be arranged through Thomsen Built's in-house sales department, which will handle the sale of your home and help co-ordinate the interior design of your new one. As an added bonus, if you buy a home from Thomsen Built and subsequently refer someone to the company, you get \$2,000 as a "thank you."

Bellerive Kurka is a third-generation home builder and has worked for construction companies across Edmonton. She believes few companies seek to provide the customer care that Thomsen Built does.

Many assume people will just buy their homes and neglect to put much forethought in to the design or care with their customer.

"For most people, this is the largest purchase of their life," she says. "We want them to know they're important to us."

Continually improving and adapting is what makes Thomsen Built's homes appealing for anyone. Families, empty nesters or anyone looking for a product that fits their exceptional tastes is definitely going to find what they have been looking for at Thomsen Built.

Homes range from \$335,000 for duplexes to \$408,000 for laned homes, all dependent on the size of the property.

Prospective homeowners interested in finding a new home can check out Thomsen Built at thomsenbuilt.com or contact the sales department at 780-975-1741.



Stampeders at Eskimos, Thursday, 7 p.m., TSN.

Another week, another big test for Mike Reilly and the surprising Edmonton Eskimos.

Last weekend, Reilly and Co. faced the Winnipeg Blue Bombers in a battle of 3-0 clubs. Reilly threw for 192 yards and a TD and added a game-high 96 yards rushing, while the Eskimos defence recorded five sacks en route to a convincing 26-3 victory.

The Eskimos (4-0) will host their archrivals, the Calgary Stampeders (3-0), on Thursday night as the Battle of Alberta becomes a showdown between the CFL's lone two remaining undefeated squads. Not bad for an Edmonton team that won just four games last year.

Reilly will have to share the spotlight with Calgary quarterback Bo Levi Mitchell, who is on a CFL record pace.

A win would be Mitchell's seventh straight to begin his CFL career, which would tie the league mark currently held by former Stampeders star Jeff Garcia. The third-year pro has been solid for Calgary, having thrown for 781 yards with six TDs against no interceptions, joining Ottawa's Henry Burris as the only league starters not to have been picked off.

Mitchell also sports the CFL's top efficiency rating of 116.2.

Calgary has also done a solid job of protecting Mitchell, allowing a league-low three sacks.

Pick: Calgary

Cornish placed on six-game injured list



Stampeders running back Jon Cornish rushes the ball against the Alouettes in this July 2013 file photo. RICHARD WOLOWICZ/GETTY IMAGES

The Calgary Stampeders have placed star running back Jon Cornish on the six-game injured list due to a concussion.

The league leader in rushing last year, Cornish suffered the injury when he was hit hard by Montreal Alouettes linebacker Kyries Hebert in the first week of the season.

The 29-year-old from New Westminster, B.C., was knocked out but did walk off the field on his own.

He will be eligible to return Sept. 6 when the Stamps play in Edmonton, although the team

Heavy ground attack
1,813
Jon Cornish led the CFL in rushing in 2013 with 1,813 yards.

has the right to activate him prior to that date if the situation allows. Despite Cornish's absence, the Stampeders are 3-0 this season.

The team says it wants to ensure Cornish doesn't return to the field prematurely.

"Jon continues to make progress in his recovery but we understand the importance of being extremely careful with this type of injury and we want to make sure Jon has all the time he needs to get completely healthy," Stampeders general manager and head coach John Hufnagel said in a statement.

"We look forward to having Jon back in the lineup and, in the meantime, other players have stepped up in his absence. I'm confident that will continue to be the case."

THE CANADIAN PRESS

Reilly running up wins for Eskimos

CFL Edmonton QB exploiting opposing defences with his legs

Edmonton Eskimos' quarterback Mike Reilly is 4-0.

He's also a promise-breaker.

The six-foot-three pivot, coming off a 4-14 season of scrambling for his life out of a collapsing pocket, promised at the start of this campaign that his days of leading the team in rushing were over.

Four weeks later, the Eskimos are undefeated and sit atop the CFL West heading into Thursday's clash of unbeatens against the 3-0 Calgary Stampeders.

Reilly leads the Eskimos in rushing with 24 carries for 199 yards, good for sixth overall in the CFL.

What about your promise, Mike?

"Ha!" he snorted after practice Wednesday. "I also said I want to win, too."

The numbers, he said, are misleading.

"We're not basing our offence around (my running). It's just a reaction to what the defences are doing," he said.

"If they're going to bring pressure on the edges and the middle is open, you've got to take advantage of it. If they're going to drop everybody off and not account for the quarterback you've got to take advantage of it."

It's not that Reilly isn't getting help.

Running back John White,



Mike Reilly rushes for a first down in the Eskimos' 26-3 win over the Blue Bombers in Winnipeg on July 17.

JOHN WOODS/THE CANADIAN PRESS

Quoted

"They give you so many variations, like slide protection or whatever they do, you can never get a good guess on exactly what they're doing."

Eskimos defensive tackle Almondo Sewell on the Stampeders' offensive line

after two starts, is just eight yards back (191 yards on 33 carries) and should soon overtake Reilly.

The five-foot-eight sparkplug has also done what head coach Chris Jones has demanded above all of his running backs: Throw blocks and

stand up defenders to protect Reilly.

In Edmonton's 26-3 win last week over Winnipeg, Reilly was a miracle worker, twice ducking out of sure sacks to scramble for big gains and keep drives alive.

Reilly will have his hands

full against the Stampeders' defence. Led by end Charleston Hughes and his three sacks, the defence has allowed just 30 points and one touchdown in three games. Hughes also leads the league in forced fumbles at three.

The Stamps are allowing just 71 rushing yards a game, best in the league.

In the momentum-changing giveaway-takeaway category, Calgary is plus-four, good for second place but far behind Edmonton's league leading plus-10.

THE CANADIAN PRESS

4
SPORTS



Scots welcome Canucks

Flag bearer Susan Nattrass leads the Canadian team as it arrives at the Commonwealth Games opening ceremony at Celtic Park in Glasgow, Scotland, on Wednesday. The Canadians followed Nattrass, a seven-time world champion in trap shooting, to the tune of Arcade Fire's *Rebellion (Lies)* and a loud roar from the fans. Canada's 265 athletes hope to climb back onto the overall podium after finishing fourth at the Games four years ago in New Delhi. Scan the image with the Metro News app for photos from the opening ceremony. **ANDREW VAUGHAN/THE CANADIAN PRESS**

Champions League

Soccer game pulled from Ukraine

Ukrainian football club Dnipro Dnipropetrovsk says UEFA has moved the first

leg of its Champions League qualifier against FC Copenhagen out of eastern Ukraine.

The city of Dniproptrovsk had previously been approved by UEFA despite the conflict in Ukraine. **THE ASSOCIATED PRESS**

MLB. Pitcher falls just short of making team history as he continues to dominate Marlins

While trying to help his batters solve Bartolo Colon, Seattle manager Lloyd McClendon couldn't avoid thinking about the possible outcome as the later innings arrived.

The idea of Colon tossing a perfect game never left McClendon's mind until Robinson Cano's two-out single in the seventh inning.

"I'd be lying if I said I didn't think about it. It was definitely a possibility," McClendon said.

Colon came within seven outs of a perfect game, giving up a single to Robinson Cano with two outs in the seventh inning, and the New York Mets held off a late rally to beat the Mariners 3-2 on Wednesday.



On Wednesday

3 2

Mets

Mariners

"They're trying to get a hit and break up the no-hitter."

Seattle rallied in the eighth and ninth innings but wasn't able to pull even, another disappointing day where the Mariners' need for additional offensive punch was at the forefront.

Colon (9-8) improved to 13-1 all-time at Safeco Field, including his dominance of the Mariners when he was pitching for the Angels. Seattle had no answers for the rotund right-hander, who gave up two runs and three hits in 7-1/3 innings.

"He was a Cy Young class guy," Cano said.

THE ASSOCIATED PRESS

Cory Sarich

NHLer airlifted to Calgary hospital

Free-agent NHL defenceman Cory Sarich is recovering in a Calgary hospital after being hit by a motor vehicle in Invermere, B.C. The release said Sarich's injuries were not considered life-threatening.

His agent, Tim Hodgson, released a statement Wednesday saying that Sarich was airlifted to the hospital after being hit by a motor vehicle in Invermere, B.C. The release said Sarich's injuries were not considered life-threatening.

THE ASSOCIATED PRESS

MLB

Blue Jays able to overpower Sox

Forced to go swing-for-swing with the Boston Red Sox, the Toronto Blue Jays proved up to the challenge.

The Blue Jays bounced right back from an early 3-0 deficit and eventually poured on the offence to beat the Red Sox 6-4 on Wednesday night in Toronto. Jose Bautista homered in the game. **THE CANADIAN PRESS**



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© 2014 Mercedes-Benz Canada Inc. 2014 Sprinter 2500 144" Cargo Van shown, national MSRP \$39,900. *Cash purchase price of \$40,244 includes total price of \$43,244, after a \$3,000 cash incentive. Taxes extra. **Lease offers based on the 2014 Sprinter 2500 144" Cargo Van available only through Mercedes-Benz Financial Services (MBFS) on approved credit for a limited time. Lease example based on \$465 per month for 60 months which includes a \$3,000 discount off total price. Down payment or equivalent trade of \$3,344 and applicable taxes due at lease inception. Lease example based on the total price of \$40,244 which includes MSRP of \$39,900, discount of \$3,000 and all applicable fees (Freight/PDI \$2,695, admin fee \$495, EHF tire fee \$20, air conditioning tax \$100, AMVIC fee \$6.25, PPSA \$27.80). Licence, insurance, registration and taxes are extra. \$3,000 discount is only available for 2014 Sprinter Cargo Vans. Total obligation is \$46,827 which includes an end of lease residual value of \$15,561. Dealer may sell for less. Offers may change without notice and cannot be combined with any other offers. 3 years of scheduled maintenance covers the first 3 factory scheduled maintenance services or 3 years, whichever comes first. Scheduled maintenance interval for model year 2014 Mercedes-Benz Sprinter is the earlier of 1 year or 25,000 km. The specific maintenance services included are as described in the applicable Owner's/Operator's Manual and Service/Maintenance Booklet. Offer is non-transferable, non-refundable and has no cash value. Only applicable on lease and finance offers. Certain limitations apply. See your authorized Mercedes-Benz dealer for details or call the MB Customer Relations Centre at 1-800-387-0100. Offers end on July 31, 2014. Offers may be withdrawn without notice.

AUGMENTED REALITY

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crossword and Sudoku answers.
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Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. "Sure ____ standing here!"

5. Vancouver Island natural wonders

10. Cheer

14. Fashion designer, ___ Rabanne

15. Eurythmics'

"Would I ____ You?"

16. Equal

17. Long journey

18. ___-fartsy

19. Appraise

20. Vault

21. Jann Arden's

"Could ___ Your Girl"

22. ___ Energy of

Canada Limited

24. Director Mr. Berg-

man

26. ___ a clue (Doesn't

know)

27. Sports venue

29. Canadian actor

Victor

32. Mint drinks

34. Lunchtime

35. Shape, axe-style

38. Raggedy Ann's pal

39. Quizzes

41. ___ cow (\$\$\$)

42. CV

43. Ex-Idol judge Ms.

DioGuardi

44. President's ___

(Canadian brand in
select grocery stores)

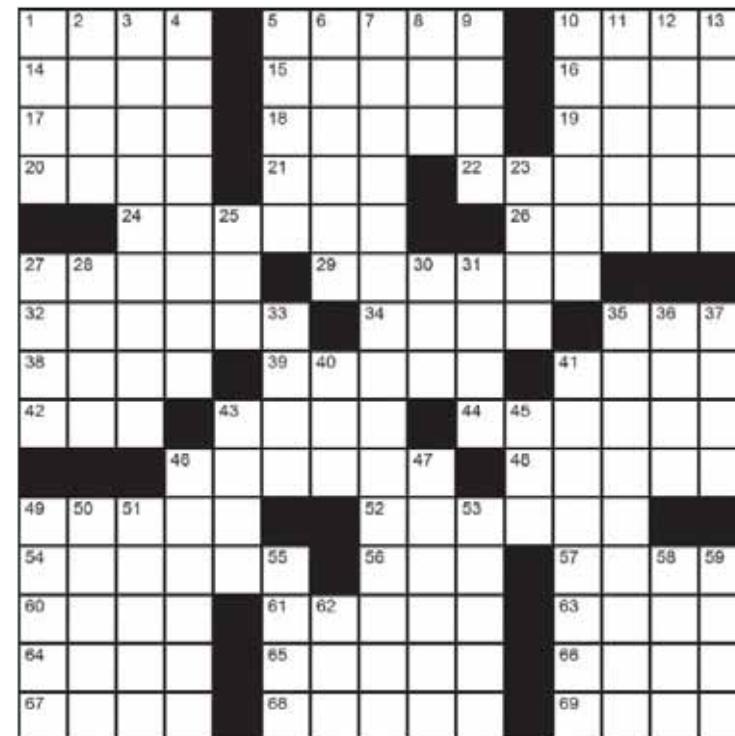
46. Music - Non-flats/

Non-sharps: The ___

48. 'The King', in

Spanish: 2 wds.

49. "Encore!"



52. Ontario: Bruce
Peninsula attraction,
___ Five National
Marine Park

54. "Bye Bye Mon
Cowboy" songstress

56. Mount ___ (Vol-

cano of Japan)

57. Tide type

60. 1700s French
novel, Gil ___

61. Incisions

63. ___ have to do."

64. Drawn dog

65. Donald Trump's

second wife Ms.

Maples

66. Comfort

67. Everyone, in Dixie
68. Grateful Dead's
"___ Jones"

69. Untidy type

Down

1. Condo alternatives

2. Cake make, ___ Lee

3. Canadian Rockies

scenic drive, ___
Parkway

4. East Coast music:

"Sucker" by ___

with Joel Plaskett

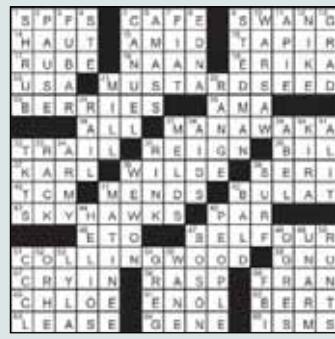
5. Purport

6. Car safety feature

7. Julian Fantino,

Minister of ___

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	4	2	5	3	6	9	7	8
7	3	9	8	2	4	5	6	1
8	5	6	7	1	9	3	2	4
4	9	3	1	5	2	7	8	6
5	6	1	4	7	8	2	9	3
2	7	8	6	9	3	1	4	5
6	2	5	9	8	1	4	3	7
3	1	4	2	6	7	8	5	9
9	8	7	3	4	5	6	1	2

7			5		2
6	2		9		4
	1	2	7	8	
2					5
3					7
			9	7	6
1		7	3	9	4
5			8		6

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Finance APR	Lease APR	Lease Payment	Plus receive:
1.9%*	3.9%*	\$698*	3 months
60 Months	39 Months	\$9,197* Down	payments waived ²

¹Taxes extra.



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THE 2014 C 300 4MATIC™ AVANTGARDE EDITION. TOTAL PRICE¹: \$44,890**

Finance APR	Lease APR	Lease Payment	Plus receive:
0.9%*	2.9%*	\$358*	3 months
60 Months	27 Months	\$7,790* Down	payments waived ²

¹Taxes extra.



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